PTS PANELS CHOL+HDL Test Panel Test Strips
for use with CardioChek P•A™ Analyzer

INTENDED USE
PTS PANELS CHOL+HDL Test Panel test strips measure total cholesterol, and HDL cholesterol in whole blood. Cholesterol and HDL cholesterol measurements are used in the diagnosis and treatment of lipoprotein metabolism and lipid disorders (such as diabetes mellitus), atherosclerosis, and various renal and liver diseases.

SUMMARY
CHOL+HDL Test Panel test strips measure total cholesterol, and HDL cholesterol in whole blood with the CardioChek P•A analyzer. A MEMo Chip™ is provided with each package of test strips and must be properly inserted into the analyzer before any test can be run. The MEMo Chip contains test name, calibration curve, lot number and test strip expiration date. After the test strip is inserted into the analyzer and blood applied to the strip, test results are displayed in about two minutes.

PRINCIPLES OF THE TEST
When blood is applied to a test strip, the blood reacts to produce color that is read by the analyzer using reflectance photometry. The amount of color produced is proportional to the concentration. The enzymatic reactions that occur are listed below.

**CHEMICAL COMPOSITION**

- Alcohol wipes and/or gauze
- Lancets for fingerstick (or venous blood collection supplies)
- Quality Control Materials

**MATERIALS NEEDED BUT NOT PROVIDED**

- Instructions
- MEMo Chip (contains lot-specific test strip information)
- Vial of test strips and desiccant

**VLDL, LDL, HDL plasma**

**VLDL, LDL, depleted plasma**

**CHEMICAL COMPOSITION**

- Cardiopan P•A analyzer. A MEMo Chip™ is provided with each package of test strips and must be properly inserted into the analyzer before any test can be run. The MEMo Chip contains test name, calibration curve, lot number and test strip expiration date. After the test strip is inserted into the analyzer and blood applied to the strip, test results are displayed in about two minutes.

**PRINCIPLES OF THE TEST**

When blood is applied to a test strip, the blood reacts to produce color that is read by the analyzer using reflectance photometry. The amount of color produced is proportional to the concentration. The enzymatic reactions that occur are listed below.

**CHEMICAL COMPOSITION**

- Cholesterol Esterase (Microorganism) 2.17 I.U.
- Cholesterol Oxidase (Microorganism) 2.1 I.U.
- Peroxidase (Horseradish) 10 I.U.
- 4-aminoantipyrine 764 µg
- Substituted aniline derivatives 765 µg
- Phosphotungstic acid 0.3 mg
- N, N-disubstituted aniline 50 µg
- Glycerol-3-Phosphate Oxidase (Microorganism) 1.5 I.U.
- Glycerol Kinase (Microorganism) 2.0 I.U.
- ATP (Microorganism) 50 µg
- Lipoprotein lipase (Microorganism) 2.45 I.U.
- Each vial contains not more than 5g silica gel desiccant.

**STORAGE AND HANDLING**

- Store test strip package in a cool, dry place at room temperature of 68-86°F (20-30°C). Strips may be stored in a refrigerator at 35-46°F (2-8°C), but must be brought to room temperature before using. Do not freeze.
- Keep away from heat and direct sunlight.
- Do not remove or discard the desiccant packet in the vial.
- Always replace vial cap immediately after removing a test strip.
- Use test strip as soon as you have removed it from the vial.
- Keep the MEMo Chip either in the analyzer or stored with the original lot of strips.
- Store the test strips in the original vial. Do not combine with other strips and do not store the MEMo Chip in the test strip vial.
- After opening, the test strips are stable until expiration date if vial is properly stored and always capped.

**PRECAUTIONS**

- For in vitro diagnostic use.
- CHOL+HDL Test Panel test strips can only be used in the CardioChek P•A analyzer.
- Make sure the MEMo Chip and test strip lot numbers match. Never use a MEMo Chip from a different lot number than the test strip.
- Out-of-date or expired strips cannot be used in your test system. Check vial for expiration date.
- Add all of the blood to the test strip at one time. If you do not get all of the blood on the strip, do not add blood to the same strip. Test again with a new unused test strip and fresh blood sample.
- Discard test strip after using. Strips are to be read once. Never insert or read a used test strip.
- Do not ingest.

**TESTING**

IMPORTANT: Read all instructions carefully before testing.

1. Insert the MEMo Chip that matches the lot number on the test strip vial and press one of the buttons to turn the analyzer ON.

2. Hold the test strip by the end with the horizontal raised lines. Insert the opposite end of the strip into analyzer. Push the strip in as far as it will go.

3. When APPLY SAMPLE appears on the display, use a capillary blood collector or pipet to apply 35-40 µL of whole blood to the test strip blood application window.

4. In about two minutes, the cholesterol result will appear on the display. (To display HDL and TCHLDL, press the (NEXT) button.) Remove and discard strip. DO NOT add more blood to a test strip that has been used.

To verify that enough blood has been applied to the test strip, after testing is completed, remove strip and check back of strip. If areas are not completely and evenly colored, discard strip and test again. See diagram.

**TEST RESULTS**

Results are displayed in either milligrams per deciliter (mg/dL) or in millimoles per liter (mmol/L). The mg/dL measurement is a US version, while mmol/L is used in many countries around the world. The CardioChek P•A is preset to US units by the manufacturer. No calculation of results is necessary. To change to INTL (mmol/L) units, please see CardioChek P•A User Guide.

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San Diego, CA 92121
tel 858-481-5031
toll free 888-882-7739
www.clinwaived.com
CALIBRATION AND QUALITY CONTROL

Quality Control tests are used to ensure that the total system (analyzer, strips, MEMo Chip) is working properly and that the test results are accurate and reliable within the limits of the system. Users should run controls when results are questionable or to comply with their own facility's quality control requirements. See the CardioChek P•A User Guide for instructions on how to run controls.

The CardioChek P•A is factory calibrated before it is packaged. Use the Check Strip supplied to verify that the analyzer’s electronics and optics are working properly. The Check Strip is NOT a Quality Control test. Please refer to the CardioChek P•A User Guide for the proper procedure to be used to perform a Quality Control test.

EXPECTED VALUES

The expected or reference ranges recommended are from the US National Cholesterol Education Program (NCEP) 2001 Guidelines and are:*

<table>
<thead>
<tr>
<th>Cholesterol (Total)</th>
<th>Expected Values</th>
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<tbody>
<tr>
<td>Below 200 mg/dL</td>
<td>(5.18 mmol/L)</td>
</tr>
<tr>
<td>200-239 mg/dL</td>
<td>(5.18-6.20 mmol/L)</td>
</tr>
<tr>
<td>240 mg/dL</td>
<td>(6.21 mmol/L) and above</td>
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</table>

HDL Cholesterol Expected Values

Below 40 mg/dL (1.04 mmol/L) – low HDL (High risk for CHD*)
60 mg/dL (1.55 mmol/L) and above – high HDL (Low risk for CHD*)

*CHD - Coronary Heart Disease

LIMITATIONS OF THE PROCEDURE

Studies were performed to test for substances that may interfere with these tests. The results are below.

1. **PRESERVATIVES**: EDTA and heparin in venous blood collection tubes had no effect on the results of the test strip.
2. **DRUGS**: Dopamine and methyldopa decreased the results.
3. **METABOLITES**: Extremely high doses of ascorbic acid (Vitamin C) decreased the results of all the lipids.
4. **HEMATOCRIT**: No hematocrit effect was observed for samples between 30 and 45% HCT.

Additional Considerations:

1. **NEONATAL USE**: There has been no data generated to validate the use of this system with neonatal blood specimens. Until such data become available, this test system should not be used on neonatal samples.
2. **Cosmetics** such as handcreams or lotions often contain glycerol. Use of these products may cause results to be inaccurate. Consider washing the skin before performing this test.
3. **Displayed results are rounded.**

MEASURING RANGE

CHOL+HDL Test Panel Test Strips will display numeric results in the following ranges:

**CHOLESTEROL**

Mean Chol Conc. (mg/dL) 197.2 251.3
Std. Deviation (mg/dL) 6.4 10.0
Coefficient of Variation (%) 4.3 4.0

**HDL CHOLESTEROL**

Mean HDL Conc. (mg/dL) 40.2 61.8
Std. Deviation (mg/dL) 2.5 2.8
Coefficient of Variation (%) 6.4 4.8

2. **PRECISION**: Laboratory professionals tested two levels of whole blood for cholesterol and HDL cholesterol using CHOL+HDL Test Strips. The following results were obtained:

**CHOLESTEROL**

No. of Observations (n) 20 20
Mean Chol Conc. (mg/dL) 197.2 251.3
Std. Deviation (mg/dL) 6.4 10.0
Coefficient of Variation (%) 4.3 4.0

**HDL CHOLESTEROL**

No. of Observations (n) 20 20
Mean HDL Conc. (mg/dL) 40.2 61.8
Std. Deviation (mg/dL) 2.5 2.8
Coefficient of Variation (%) 6.4 4.8

3. **INTERFERENCE**: See Limitations Section.

CLINICAL INFORMATION (US only)

Complexity Categorization: Waived

REFERENCES

1. Data on file

The CardioChek P•A and PTS PANELS Test Strips are manufactured in the US by Polymer Technology Systems, Inc. Indianapolis, IN 46268.

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Explanation of Symbols

- Use By/Expiration date
- Consult instructions for use
- For in vitro diagnostic use
- This product fulfills the requirements of Directive 98/79/EC on in vitro diagnostic medical devices.

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<th>Manufacturer</th>
<th>Store at/Temperature limitation</th>
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<td>CardioChek P•A Analyzer</td>
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<td>1795</td>
<td>CHOL+HDL Test Panel Test Strips, 15 count</td>
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<tr>
<td>0739</td>
<td>Capillary Blood Collector (Pipet) Kit-40 µL, 16 count</td>
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<tr>
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<td>PTS PANELS Multi-Chemistry Controls – Level 1 &amp; Level 2</td>
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<tr>
<td>0722</td>
<td>PTS PANELS HDL Cholesterol Controls – Level 1 &amp; Level 2</td>
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