

- With each new shipment of cassettes (even if cassettes are from the same lot previously received).
- With each new lot of cassettes.
- As otherwise required by your laboratory's standard quality control procedures.
- If you are not running the Cholestech LDX under CLIA-waived status, or if your local or state regulations require more frequent testing of quality control material, then quality control must be performed in compliance with those regulations.

Good Laboratory Practice principles suggest that external controls must be run whenever the laboratory director has any question about test system integrity or operator technique (e.g., when reagents may have been stored or handled in a way that can degrade their performance or when operators have not performed a particular test in recent weeks).

The quality control results must be in range before testing patient samples. See the Cholestech LDX System User Manual if they are not. Please call Cholestech Technical Service at 1.800.733.0404 or 1.510.732.7200 if you have any questions about quality control.

RESULTS

Test results will show on the screen when the test is complete. Calculated results are shown after the **DATA** button is pressed.

To convert:

	mg/dL to mmol/L	mmol/L to mg/dL
	<i>divide mg/dL by</i>	<i>multiply mmol/L by</i>
TC	38.664	38.664
HDL	38.664	38.664
TRG	88.54	88.54
LDL	38.664	38.664
GLU	18.018	18.018

LIMITATIONS

Analyte	Measuring Range	For results outside the measuring range, the LDX displays:	
	mg/dL (mmol/L)	<i>Low</i>	<i>High</i>
TC	100-500 (2.59-12.9)	<100 mg/dL (<2.59 mmol/L)	>500 mg/dL (>12.9 mmol/L)
HDL	15-100 (0.39-2.59)	<15 mg/dL (<0.39 mmol/L)	>100 mg/dL (>2.59 mmol/L)
TRG	45-650 (0.51-7.34)	<45 mg/dL (<0.51 mmol/L)	>650 mg/dL (>7.34 mmol/L)
GLU	50-500 (2.78-27.8)	<50 mg/dL (<2.78 mmol/L)	>500 mg/dL (>27.8 mmol/L)

Additional Limitations That Display N/A:

- If the measured value of TRG is >650 mg/dL (>7.34 mmol/L), the LDX displays “N/A” for HDL.
- If the measured value of TRG is >400 mg/dL (>4.51 mmol/L), the LDX displays “N/A” for the LDL estimate.
- If the measured value of TC, HDL or TRG is outside the measuring range, the LDX displays “N/A” for the LDL estimate. (Software version 2.02 calculates LDL estimates with measured TRG values as low as 30 mg/dL (0.34 mmol/L).]

- The glucose test is specific for D-glucose. Other sugars that may be present in the blood do not react in the glucose test (i.e., fructose, lactose).
- Samples with total cholesterol, HDL cholesterol, triglyceride or glucose values outside the measuring range should be sent to a laboratory for testing.
- Performance of the Cholestech LDX System has not been tested on samples from newborns.
- Blood glucose results performed at altitudes above 5000 feet have not been validated.

Some substances may cause false results with enzymatic tests. The substances listed below were tested for all analytes. Less than 10% interference was seen at the levels shown.

Substance Concentration (mg/dL)			
Hemoglobin	125	Gemfibrozil	15
L-Dopa	0.8	Bilirubin	5
Ascorbic Acid	1	Probuocol	32.5
Urea	500	Nicotinic Acid	10
Fructose	30	Clofibrate	80

Uric Acid	15	Lovastatin	4
Creatinine	30	Dipyrone	10
Glutathione	1	Methotrexate	450
Cimetidine	7.5	Nitrofurantoin	2
Oxytetracycline	4	Genisic Acid	0.5
Lactose	100	Methyl dopamine	0.5
Cysteine	2.5		

- Hematocrits between 30% and 52% do not affect results.
- Blood collection tubes with glycerol should not be used for the triglyceride test.
- Hand creams and soaps with glycerol may cause falsely high triglyceride results.
- The triglyceride test measures triglycerides and free glycerol. Free glycerol usually is less than 20 mg/dL.^{9,10}
- There may be a 6–7% difference in the glucose levels of fingerstick and venous blood.¹¹

EXPECTED VALUES

Cholesterol and Triglycerides

The National Heart, Lung and Blood Institute issued the Third Report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) in May 2001.¹ The ATP III report presented the NCEP's updated clinical guidelines for cholesterol testing and management and described the following classifications for cholesterol and triglyceride testing:

	<i>mg/dL</i>	<i>(mmol/L)</i>	<i>Classification</i>
LDL cholesterol	<100	(<2.59)	Optimal
	100–129	(2.59–3.34)	Near optimal/above optimal
	130–159	(3.36–4.11)	Borderline high
	160–189	(4.14–4.89)	High
	≥190	(≥4.91)	Very high

Total cholesterol	<200	(<5.18)	Desirable
	200–239	(5.18–6.19)	Borderline high
	≥240	(≥6.22)	High
HDL cholesterol	<40	(<1.03)	Low
	≥60	(≥1.55)	High
Triglycerides	<150	(<1.69)	Normal
	150–199	(1.69–2.25)	Borderline high
	200–499	(2.26–5.64)	High
	≥500	(≥5.65)	Very high

The ATP III identified HDL cholesterol levels below 40 mg/dL (1.03 mmol/L) as associated with increased risk of coronary heart disease (CHD) in men and women.¹ A high HDL cholesterol level greater than or equal to 60 mg/dL (1.55 mmol/L) is protective and decreases CHD risk.

TC/HDL Ratio

The ATP III report does not comment on use of the ratio of total to HDL cholesterol. Various authors have suggested that the TC/HDL ratio is the strongest lipid risk factor and can be a useful summary of CHD risk.^{12,13} A ratio of 4.5 or less is desirable. A ratio greater than 6.0 suggests a high risk of CHD.¹²

non-HDL

ATP III identifies non-HDL cholesterol (total cholesterol minus HDL cholesterol) as a secondary target of therapy in persons with high triglycerides (≥200 mg/dL). The goal for non-HDL cholesterol in persons with high serum triglycerides can be set at 30 mg/dL higher than that for LDL cholesterol on the premise that a VLDL cholesterol level ≤30 mg/dL is normal.¹

Glucose

The American Diabetes Association has modified the criteria for fasting plasma glucose (FPG) and the diagnosis of diabetes mellitus.¹⁴

FPG <100 mg/dL	Normal fasting glucose
FPG 100–125 mg/dL	Impaired fasting glucose
FPG ≥126 mg/dL	Provisional diagnosis of diabetes confirmed by one of the three methods below

The revised criteria for diagnosis of diabetes:

- Symptoms of diabetes plus casual plasma glucose concentration ≥200 mg/dL (11.1 mmol/L). Casual is defined as any time of day without regard to time since last meal. (The classic symptoms of diabetes include polyuria, polydipsia, and unexplained weight loss.)
- FPG >126 mg/dL (7.0 mmol/L). Fasting is defined as no caloric intake for at least 8 hours.

- 2 hr. post glucose load ≥200 mg/dL during an oral glucose tolerance test. The test should be performed as described by WHO (World Health Organization) using a glucose load containing the equivalent of 75-g anhydrous glucose dissolved in water.

Any of the above abnormal glucose levels must be confirmed, on a subsequent day, by any one of the three methods listed above. When screening for diabetes, any abnormal glucose result should be referred to a physician for further follow-up.

PERFORMANCE CHARACTERISTICS

Precision

Total Cholesterol:

	Whole Blood (heparin)	
<i>Within-Run Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	10	10
<i>X</i> (mg/dL) =	184	299
SD (mg/dL) =	4.6	7.3
CV (%) =	2.5	2.4

	Commercial Control Material	
<i>Day-to-Day Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	20	20
<i>X</i> (mg/dL) =	161	244
SD (mg/dL) =	4.3	8.6
CV (%) =	2.7	3.5

HDL Cholesterol:

	Whole Blood (heparin)	
<i>Within-Run Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	10	10
<i>X</i> (mg/dL) =	29	46
SD (mg/dL) =	1.0	2.2
CV (%) =	3.4	4.8

	Commercial Control Material	
<i>Day-to-Day Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	20	20
<i>X</i> (mg/dL) =	29	46
SD (mg/dL) =	1.3	2.9
CV (%) =	4.5	6.3

Triglycerides:

	Whole Blood (heparin)	
<i>Within-Run Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	10	10
<i>X</i> (mg/dL) =	256	362
SD (mg/dL) =	4.0	13.1
CV (%) =	1.6	3.6

	Commercial Control Material	
<i>Day-to-Day Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	20	20
<i>X</i> (mg/dL) =	121	276
SD (mg/dL) =	2.8	8.7
CV (%) =	2.3	3.2

	Whole Blood (heparin)	
<i>LDL Cholesterol:</i>	<i>Level 1</i>	<i>Level 2</i>
n =	10	10
<i>X</i> (mg/dL) =	87	197
SD (mg/dL) =	4.3	7.5
CV (%) =	4.9	3.8

	Commercial Control Material	
<i>Day-to-Day Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	20	20
<i>X</i> (mg/dL) =	108	143
SD (mg/dL) =	4.6	8.4
CV (%) =	4.3	5.9

	Whole Blood (heparin)	
<i>Within-Run Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	10	10
<i>X</i> (mg/dL) =	103	127
SD (mg/dL) =	6.4	5.7
CV (%) =	6.2	4.5

	Commercial Control Material	
<i>Day-to-Day Precision</i>	<i>Level 1</i>	<i>Level 2</i>
n =	20	20
<i>X</i> (mg/dL) =	103	311
SD (mg/dL) =	3.6	15.4
CV (%) =	3.5	5.0

ACCURACY (METHOD COMPARISON)

The cassette total cholesterol was compared with a validated method traceable to the CDC-modified Abell-Kendall reference method traceable to National Institute of Standards and Technology (NIST) standards.

The cassette HDL cholesterol was compared with a validated method, utilizing dextran sulfate/magnesium chloride precipitation and enzymatic cholesterol determination. The HDL cholesterol comparison method is based on the selected method for HDL cholesterol[®] and has documented agreement with the CDC Reference Method.

The cassette triglyceride test was compared with a validated method, utilizing hydrolysis with lipase. The comparison method has documented agreement with a CDC Reference Method.

The cassette glucose was compared with a hexokinase reference method.

The cassette estimated LDL cholesterol was compared to that calculated from the above validated total cholesterol, HDL cholesterol and triglyceride methods.

The range of values tested (mg/dL) were as follows:

TC	120–300
HDL	26–85
TRG	40–500
GLU	25–575

Results

X = Reference Method (Serum)












Y = Cholestech LDX Analyzer (venous whole blood)

Analyte	Pairs	Slope	y-intercept	Correlation Coefficient	Bias at
Total cholesterol	40	0.98	2.41	0.97	200 –1%
HDL cholesterol	40	0.97	0.23	0.95	35 –2%
Triglycerides	40	1.0	0.13	0.99	250 0%
Glucose	40	0.99	1.01	0.98	150 0%

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IVD	REF		
<ul style="list-style-type: none"><i>In Vitro</i> diagnostic medical device Dispositivo médico para diagnóstico <i>in vitro</i> <i>In-vitro</i>-Diagnostikum Dispositivo medico-diagnostico <i>in vitro</i> Dispositif médical de diagnostic <i>in vitro</i> Dispositivo médico para diagnóstico <i>in vitro</i> Medicinsk udstyr til <i>in vitro</i>-diagnostik Medicinteknisk produkt avsedd för <i>in vitro</i>-diagnostik <i>In Vitro</i> diagnostisk medisinsk utstyr ιατροτεχνολογικό βοηθήμα που χρησιμοποιείται για διάγνωση <i>in vitro</i>	<ul style="list-style-type: none">Catalog Number Número de catálogo Katalognummer Numero di catalogo Dispositivo de catalogue Número de catálogo Katalognummer Katalognummer Αριθμός καταλόγου	<ul style="list-style-type: none">Caution, consult accompanying documents Precaución, consulte los documentos adjuntos Achtung, lesen Sie die beigelegten Dokumente Attenzione: consultare la documentazione allegata Attention, consulter les documents joints Αιτιολόγιο, consultiar os documentos inclusos Forsiktig, læs medfølgende dokumenter Försiktighetsåtgärd: konsultera medföljande dokument Forsiktig, se medfølgende dokumentasjon Προσοχή, συμβουλευτείτε τα συνοδευτικά έγγραφα	
			
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